

Pattern Name: The Courage Inside Us-Bergsma

Designed By: Michele Sayetta

Company: Heaven and Earth Designs Inc.











































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Fabric: Linen 25, White
350w X 519h Stitches

Size: 25 Count, 14w X 20-3/4h in

Floss Used for Full Stitches:

Symbol	Strands	Type	Number	Color
□	2	DMC	1	White
■	2	DMC	152	Shell Pink-MD LT
■	2	DMC	158	Cornflower Blue-MD VY DK
■	2	DMC	160	Gray Blue-MD
■	2	DMC	161	Gray Blue
■	2	DMC	168	Pewter-VY LT
■	2	DMC	169	Pewter-LT
■	2	DMC	208	Lavender-VY DK
■	2	DMC	223	Shell Pink-LT
■	2	DMC	225	Shell Pink-UL VY LT
■	2	DMC	301	Mahogany-MD
■	2	DMC	311	Navy Blue-MD
■	2	DMC	312	Baby Blue-VY DK
■	2	DMC	317	Pewter Gray
■	2	DMC	318	Steel Gray-LT
■	2	DMC	327	Violet-VY DK
■	2	DMC	356	Terra Cotta-MD
■	2	DMC	402	Mahogany-VY LT
■	2	DMC	407	Desert Sand-DK
■	2	DMC	413	Pewter Gray-DK
■	2	DMC	414	Steel Gray-DK
■	2	DMC	415	Pearl Gray
■	2	DMC	435	Brown-VY LT
■	2	DMC	436	Tan
■	2	DMC	451	Shell Gray-DK
■	2	DMC	452	Shell Gray-MD
■	2	DMC	453	Shell Gray-LT
■	2	DMC	524	Fern Green-VY LT
■	2	DMC	612	Drab Brown-LT
■	2	DMC	613	Drab Brown-VY LT
■	2	DMC	647	Beaver Gray-MD
■	2	DMC	648	Beaver Gray-LT

Symbol	Strands	Type	Number	Color
	a	2	DMC 738	Tan-VYLT
	v	2	DMC 745	Yellow-LT Pale
	✦	2	DMC 754	Peach-LT
	s	2	DMC 762	Pearl Gray-VYLT
	o	2	DMC 779	Cocoa-DK
	✿	2	DMC 794	Cornflower Blue-LT
	⊗	2	DMC 815	Garnet-MD
	⋈	2	DMC 819	Baby Pink-LT
	⊗	2	DMC 823	Navy Blue-DK
	▲	2	DMC 840	Beige Brown-MD
	▼	2	DMC 842	Beige Brown-VYLT
	v	2	DMC 869	Hazelnut Brown-VYDK
	✦	2	DMC 902	Garnet-VYDK
	⊕	2	DMC 918	Red Copper-DK
	⊗	2	DMC 920	Copper-MD
	≡	2	DMC 921	Copper
	=	2	DMC 926	Gray Green-MD
	∩	2	DMC 927	Gray Green-LT
	∪	2	DMC 928	Gray Green-VYLT
	✕	2	DMC 930	Antique Blue-DK
	6	2	DMC 939	Navy Blue-VYDK
	⊗	2	DMC 951	Tawny-LT
	⋈	2	DMC 976	Golden Brown-MD
	≡	2	DMC 977	Golden Brown-LT
	∩	2	DMC 3024	Brown Gray-VYLT
	□	2	DMC 3031	Mocha Brown-VYDK
	◐	2	DMC 3033	Mocha Brown-VYLT
	⊗	2	DMC 3041	Antique Violet-MD
	*	2	DMC 3042	Antique Violet-LT
	⊕	2	DMC 3064	Desert Sand
	⊗	2	DMC 3072	Beaver Gray-VYLT
	#	2	DMC 3685	Mauve-DK
	⊕	2	DMC 3721	Shell Pink-DK
	↑	2	DMC 3740	Antique Violet-DK
)	2	DMC 3743	Antique Violet-VYLT
	♣	2	DMC 3750	Antique Blue-VYDK
	7	2	DMC 3753	Antique Blue-UL VYLT
	>	2	DMC 3768	Gray Green-DK
	H	2	DMC 3770	Tawny-VYLT
	⊗	2	DMC 3771	Terra Cotta-UL VYLT
	↑	2	DMC 3772	Desert Sand-VYDK
	♥	2	DMC 3773	Desert Sand-MD

Symbol	Strands	Type	Number	Color
	L	2	DMC 3776	Mahogany-LT
	T	2	DMC 3779	Terra Cotta-ULVYLT
	✱	2	DMC 3787	Brown Gray-DK
	III	2	DMC 3799	Pewter Gray-VYDK
	2	2	DMC 3807	Cornflower Blue
	:	2	DMC 3816	Celadon Green-MD
		2	DMC 3825	Pumpkin-Pale
	■	2	DMC 3830	Terra Cotta-MD
	@	2	DMC 3856	Mahogany-ULVYLT
	//	2	DMC 3857	Rosewood-DK
	▣	2	DMC 3858	Rosewood-MD
	☾	2	DMC 3860	Cocoa
	^	2	DMC 3861	Cocoa-LT
	e	2	DMC 3862	Mocha Beige-DK
	▣	2	DMC 3864	Mocha Beige-LT

Usage Summary

Strands Per Skein: 6

Skein Length: 313.0 in

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
□ DMC	1	8392	0	0	0	0.0	0.0	0.0	0	0	3.000
■ DMC	152	1352	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	158	518	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	160	2770	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	161	2325	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	168	1046	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	169	6708	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	208	145	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	223	437	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	225	3087	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	301	224	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	311	185	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	312	259	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	317	5036	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	318	9196	0	0	0	0.0	0.0	0.0	0	0	3.000
■ DMC	327	370	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	356	815	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	402	442	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	407	1913	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	413	3571	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	414	7295	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	415	3095	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	435	402	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	436	751	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	451	5945	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	452	6164	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	453	4457	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	524	911	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	612	1493	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	613	762	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	647	3749	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	648	2479	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	738	1677	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	745	356	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	754	4471	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	762	1571	0	0	0	0.0	0.0	0.0	0	0	1.000

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
DMC 779	779	2362	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 794	794	119	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 815	815	143	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 819	819	3266	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 823	823	1480	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 840	840	1181	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 842	842	3751	0	0	0	0.0	0.0	0.0	0	0	2.000
DMC 869	869	273	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 902	902	1153	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 918	918	410	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 920	920	151	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 921	921	117	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 926	926	2078	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 927	927	1780	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 928	928	733	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 930	930	2420	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 939	939	162	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 951	951	3867	0	0	0	0.0	0.0	0.0	0	0	2.000
DMC 976	976	12	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 977	977	168	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3024	3024	1186	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3031	3031	898	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3033	3033	3114	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3041	3041	2624	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3042	3042	4642	0	0	0	0.0	0.0	0.0	0	0	2.000
DMC 3064	3064	959	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3072	3072	2682	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3685	3685	530	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3721	3721	509	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3740	3740	3129	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3743	3743	2574	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3750	3750	1322	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3753	3753	578	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3768	3768	1624	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3770	3770	5268	0	0	0	0.0	0.0	0.0	0	0	2.000
DMC 3771	3771	997	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3772	3772	2412	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3773	3773	1635	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3776	3776	372	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3779	3779	2038	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3787	3787	1296	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3799	3799	2425	0	0	0	0.0	0.0	0.0	0	0	1.000

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
■ DMC 3807	133	0	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 3816	184	0	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 3825	211	0	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 3830	450	0	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 3856	956	0	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 3857	449	0	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 3858	1312	0	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 3860	4226	0	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC 3861	7244	0	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC 3862	957	0	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 3864	2719	0	0	0	0	0.0	0.0	0.0	0	0	1.000